



TOWN OF BROOKHAVEN
Department of Housing & Human Services
 Commissioner Diana Weir
Senior Citizen Division

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Town of Brookhaven

Guide to Senior Citizen Services



Help



Nutrition



Helping Hands



Transportation



Clubs



Volunteer

A Message from Brookhaven Town Supervisor Edward P. Romaine



Welcome to the Brookhaven Town Senior Citizens Guide, your source for information on all of the services offered to senior citizens in the Town of Brookhaven.

As Supervisor of this great town, I look forward to continuing to find new ways to better serve the fastest growing segment of Brookhaven's population, our seniors. I am pleased that we are able to provide a wide range of programs for the over 60,000 seniors who live in Brookhaven and I always appreciate their many contributions to our town. The dedicated employees of the Senior Citizen Division, which is part of the Department of Housing and Human Services, are to be commended for their commitment and hard work.

In the pages that follow, you will find information about the many services available to you as well as important phone numbers and other information vital to our resident senior citizens. For more information about the Senior Citizen Division or any other division of the town, please visit www.brookhaven.org.

In addition, if you have any questions regarding town issues, you can contact us at **451-TOWN (8696)**.

Edward P. Romaine



Useful Links

HIICAP— (Health Insurance Information Counseling and Assistance Program), is the New York State Health Insurance Assistance Program. 1-800-701-0501. On the web:

www.aging.ny.gov/HealthBenefits/HiICAPIndex.cfm

EPIC— Elderly Pharmaceutical Insurance Coverage (EPIC) Program. Call 1-800-332-3742 (TTY 1-800-290-9138). On the web:

www.health.state.ny.us/health_care/epic

Comfort Aids (walker, shower chair, etc.): 451-9191, or in the 3 Village area: 751-0500

Safelink: Free cell phones for people who are income eligible. On the web: www.safelinkwireless.com

Handicap Parking Permits — Town of Brookhaven Clerk's Office: 451-9124

Handicap Ramps— Town of Brookhaven Housing and Human Services: 451-6600. On the web:
<http://www.brookhaven.org/Departments/HousingandHumanServices>

HEAP—(Home Energy Assistance Program) — 853-8326. On the web: www.otda.state.ny.us/main/heap

Social Security Administration—1-800-772-1213. On the web:
<http://www.ssa.gov>

STAR Program— Town of Brookhaven Assessor's Office: 451-6205

Suffolk County Office for the Aging— 853-8200. On the web:
<http://www.suffolkcountyny.gov/Departments/CountyExecutive/OfficeForTheAging>

Suffolk County Adult Protective Services:
(631)-854-3195, 854-3196, 854-3197



Get Involved -Volunteer

The Town of Brookhaven provides many opportunities for people who wish to make a difference by volunteering in their community. Senior Citizens' programs offer several avenues for those who are interested in helping others, meeting new people, or having the satisfaction of bringing new experiences to people who have the time and motivation to learn.

The Town provides a variety of classes and workshops on an ongoing basis. If you have a special skill that you would like to share with others, please call 451-9191.

A staff of volunteers works in conjunction with our Jitney transportation program to distribute the home-delivered meals from our Nutrition Centers in Mt. Sinai and Mastic Beach. If you would like to volunteer for this vital program, call: Mt. Sinai 476-6442 or Mastic Beach 281-7679.

The Senior Citizens Advisory Commission

Established in 1967, the Commission is comprised of 15 members. Each Town Council member appoints seniors to represent and advocate for our Senior constituents on issues that can impact their quality of life.



Help Line

Help Line is a free telephone reassurance program for isolated or homebound seniors. The program provides human contact with a daily reassurance call, letting clients know that someone is there for them. Most of the volunteer callers are senior citizens themselves.

Helpline volunteers reach out to homebound seniors with a friendly voice asking how you're doing, answering questions, providing information about Town or County services, or just lending an ear from one person to another.

Calls are made Monday through Friday, excluding holidays.

If you or a senior you know could use a reassuring phone call, or would like to volunteer, please call the Town of Brookhaven Senior Citizen Division at 451-9191.





Senior Nutrition Program

Congregate Meal Program

The Nutrition Program provides residents ages 60 and over with a nutritious mid-day meal and the opportunity to participate in a variety of social, recreational and educational activities. There are no income guidelines for this program.

The programs are open weekdays from 9:00 a.m. to 4:30 p.m. A voluntary contribution is suggested. Transportation may be available for those who qualify. The Town's two nutrition sites are:

Bay Area Senior Nutrition Program (Mon – Fri)

15 Herkimer Street
Mastic, NY 11950
281-7679

North Shore Senior Nutrition Program (Mon – Fri)

Rose Caracappa Senior Center
739 Route 25A
Mt. Sinai, NY 11766
476-6446

Home Delivered Meal Program

Meals are delivered to isolated elderly residents who are unable to attend the congregate program. Deliveries are made weekdays in the following areas: Coram, Mastic, Mastic Beach, Middle Island, Ridge, Rocky Point, Shirley, Shoreham and Sound Beach.

Menus are planned by a registered dietician according to Department of Health standards.

Funding is provided by the U. S. Department of Health and Human Services and the Suffolk County Office for the Aging, through the New York State Office for the Aging.

Rose Caracappa Senior Citizen Cultural and Wellness Center

739 Route 25A
Mt. Sinai, NY 11766
476-6449 or 476-6431

Open: Monday through Friday, 9:00 a.m. to 4:30 p.m.

The Rose Caracappa Senior Citizen Cultural and Wellness Center is available to senior citizens 60 years of age or older who are residents or taxpayers of the Town of Brookhaven. There is no charge to visit the Center and many of the activities are free or have a minimal charge. Limited transportation is available to eligible residents.

Residents are welcome to drop in any time and take advantage of the beautiful lending library and a wide array of activities such as: educational workshops, book discussions, bridge, exercise, yoga, dancing, foreign language classes and introduction to the Internet.

The Center hosts the Town's North Shore Nutrition Program and several Senior Citizen Clubs.





Senior Citizens Clubs

The Town of Brookhaven sponsors 28 Senior Citizen clubs at various neighborhood locations Town wide.

The mission of each club is to provide educational, recreational and volunteer opportunities to the participants. Each club is staffed by a trained Senior Citizen Club Leader who acts as a program consultant and representative of the Senior Citizen Division.

Approximately 5,000 seniors participate in the Town's club system. Residents or taxpayers of the Town, who are 60 of age or older, are eligible to join.

For more information about a club, please call **451-9191**.

Senior Citizen Clubs

Albert Tinnie	Middle Island
Avery Village	Mt. Sinai
Bretton Woods	Patchogue Seniors
Center Moriches	Port Jefferson
Centereach	Selden
Farmingville	Shoreham
Forge River	Southaven
Greenwood Village	St. George Manor
Hagerman	St. Joseph's Village
Lake Grove	Stony Brook
Lake Ronkonkoma	Swan Lake
Leisure Village	Three Village
Manorville	Westfield
Mark Tree	Yaphank



Jitney Transportation Program

The Town of Brookhaven Jitney Transportation Program is a shared ride, curb to curb service provided to our residents who are 60 years of age and over or disabled, cannot drive, or have no other means of transportation. All of our vehicles are handicapped accessible.

The program provides transportation to medical facilities and grocery shopping. Medical transportation is provided by appointment only on a first-come first-serve basis. Grocery shopping transportation is provided on a weekly basis to a predetermined supermarket for those who have no means of transportation.

The drivers are not allowed to render assistance to and from your residence or to and from your destination. If you require assistance, a Personal Care Assistant must accompany you.

Our last pick up of the day is 2:30pm. Transportation is provided within the boundaries of the Town of Brookhaven only. There is a nominal fee for this service. Some restrictions do apply.

For more information or an application, call 451-9081 or 451-9082,
Monday – Friday between 7:00 am and 3:30 pm.

**UNFORTUNATELY, WE ARE UNABLE TO TRANSPORT TO
AND FROM NURSING HOMES
OR ASSISTED LIVING FACILITIES**



Residential Repair Program

The Residential Repair Program provides Household Assistance with minor repairs that do not require the skills of a licensed crafts-person. The program offers minor home repairs for senior citizens who are not able to perform them themselves. **THIS IS NOT AN EMERGENCY SERVICE.** Some of the services provided are:

- PLUMBING:** Replace washers for kitchen and bathroom sinks, caulk around sinks, bathtubs and showers and clear clogged sinks. **NO BATHTUB REPAIRS.**
- ELECTRICAL:** Repair or rewire lamps, replace light switches or receptacles, replace frayed cords. **NO APPLIANCE REPAIRS.**
- CARPENTRY:** Install grab bars for tubs and toilets, safety rails and shelves; install hardware for shades and mini-blinds; minor repairs to doors and house trim; replace damaged hardware on doors and cabinets.
- PAINTING:** Interior ceilings where minor water or structural damage has occurred. **NO COSMETIC WORK.**
- WEATHERIZATION:** Caulk and weather strip windows and doors.
- CRIME PREVENTION:** Install door and window locks, peepholes.
- MISCELLANEOUS:** Replace broken single-pane window panes; install or remove storm windows and screens. Install smoke and carbon monoxide detectors.

The Residential Repair Program is available to Town of Brookhaven residents who are 60 years of age or older that are incapable of maintaining the home because of illness, incapacity, handicap or absence of a caretaker. **Priority will be given to those persons that NYS has identified as: disabled/frail, low income, minority or isolated.**

Materials must be provided and paid for by the eligible person. Workers are paid for labor and mileage through the program funding. There is no charge for this service, however the client may make a voluntary contribution to the program. Our Residential Repair servicemen reserve the right of refusal if the work requested does not comply with program guidelines. For more information or an application, call (631) 451-9092 between 9:00 a.m. and 4:30 p.m.

Funding is provided by the Suffolk County Office for the Aging and the U.S. Department of Health and Human Services through the NYS Office for the Aging.



Residential Rehabilitation And Home Accessibility

The Residential Rehabilitation program makes repairs to income-eligible, owner-occupied single family homes in the Town of Brookhaven. Repairs can be made on any part of the home from the chimney to the sanitary system. This program addresses any code issues first. Driveways, fences and landscaping are not included. Eligibility is determined by total household income and you must complete a one page application to be added to our waiting list.

Once your name has been reached on the waiting list, you will receive a certified letter requesting additional documents. Once those documents have been received and reviewed, you will meet with a member of our staff to complete additional forms and to answer any questions you may have. The Town will work with the homeowner to determine and verify the work that needs to be done.

This program is funded by a federal Community Development Block Grant and administered by the Town of Brookhaven. The Housing Rehabilitation Administrator will prepare a contract between the homeowner and the contractor, from which the contractor will be directly paid. This is a deferred loan program secured by a mortgage on your home. The loan terms have no interest and there are no monthly payments. The loan is due and payable when you sell your home, transfer title or certain other conditions that are outlined in the mortgage and note documents.

The Access to Home program, funded through New York State, provides financial assistance for home adaptation to meet the needs of persons with disabilities. The funding will be used to help pay for work that includes wheel chair ramps and lifts, handrails, lever handles and doors, roll-in showers with grab bars and more.

Homeowners who qualify for loan assistance must be either physically disabled or have age related disabilities. Their dwelling must be a permanent residence and their income cannot exceed 80% of the area median income or 120% of the area median income for veterans with a service related disability. The 0% interest loans can be for up to 100% of the total cost to a maximum of \$25,000.

For more information, visit www.brookhaven.org or call the Housing and Human Services Department at (631) 451-6600 and ask for the Housing Rehabilitation Administrator.